

## Yoga Gathering: Stop & Smell the Roses

### Event Date:

Sat, Oct 03, 2015

*Heather Markowitz, Founder, WithLoveDC*

WithLoveDC is a movement to spread love, joy, and acceptance throughout the district. The Practice With Love classes aim to create an accessible space for all people to tune into their breath while enjoying the amazing spaces around our beautiful city. WithLoveDC is thrilled to bring their free yoga gatherings to the U.S. Botanic Garden; come flow with us! **Please note:** This program is first-come, first-served with limited space available. Visitors are encouraged to bring their own mats.

Date: Saturday, October 3

Time: 10:30 a.m. to 11:30 a.m.

Location: National Garden (Rain Location: Conservatory West Gallery)

FREE: No pre-registration required



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**Source URL:** <http://www.usbg.gov/events/2015/08/05/yoga-gathering-stop-smell-roses-0>